



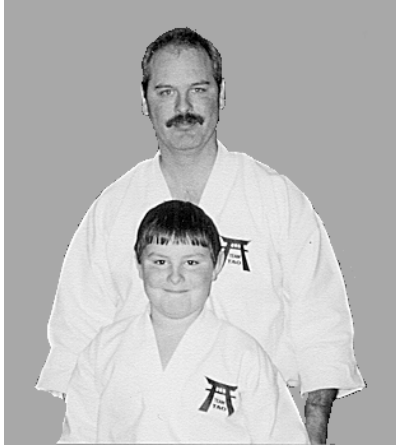
# Tao News

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## March 2001

*Special Pre-Tournament Newsletter!*

*Edited by Senpai Don Wismer*



**Sensei  
Robert  
Dupuis  
and  
Kohai  
Brandon  
DuPuis  
of the  
Winthrop  
Branch**

*Volunteers' Meeting  
Friday night, March 30, 2001*

### **Announcing the Maine Martial Arts Challenge**

Saturday & Sunday, April 7 & 8, 2001  
Maranacook High School, Readfield, Me.

It gives Kathy & I great pleasure to call upon the Tao volunteers for their expertise at our annual tournament. We know how much smoother the function will run as long as we have well-informed knowledgeable people in the right places. We also thank everyone up front for all the support in the past years and continued support in the future. With your help it secures the future of the tournament. We will need PARKING ATTENDANTS, time keepers, score keepers, security, ticket takers and T-shirt sales attendants plus trophy runners, registrations at the door and other duties that will make the function run smoothly. There is not much of a monetary reward for the amount of help that we need. However when asked, most people will tell you that being there and having a great time is more than enough.

This year we anticipate all Tao students to compete at this year's tournament. Each Tao competitor from Winthrop, Hallowell & Boothbay

Tournament (cont.)

Harbor locations should have their Competition Form filled out and passed in to myself, Shihan Wood or Sensei Spear no later than **March 31**. Take advantage of the discount rate of **\$25.00** for any and all divisions. If forms are not in by the deadline, registration will be **\$40.00** per competitor, no exceptions. All students have had plenty of notice and a great discount for the tournament -- we would appreciate all forms in early. Students who do not want to compete you will need to speak with your instructor and explain why - you will then be asked to work the day of the event. We are encouraging parents of the students to help, as well as our friends from the past and present.

Remember this is a **Two Day** event, starting time **2:00 p.m. Saturday the 7th and 7:00 a.m. on the 8th.**

We need volunteers both days.

**We will have a series of meetings:**

**March 30th, Friday, 6:00 - 8:00 p.m.** Hallowell dojo volunteers meeting. This meeting is mandatory for anyone working the day of the tournament. Refreshments !!! Bring paper and pencils.

**April 7th, Saturday, 10 a.m.** Set up at the Maranacook High School -- directions on tournament package. We need trucks!!!

**April 7th, Saturday, 1:00 p.m.**

People on registration table should be arriving promptly.

**April 8th, Sunday, 7:00 a.m.**

workers on the concessions and registration tables should be arriving promptly at this time. In order to run as well as last year's tournament, your help and the help of the Black Belts are important. We know it is a long weekend for everyone, so if you can only help on part of the weekend let us know which day. If you know of friends that have knowledge of what goes on at our tournament please encourage them along to the meeting on March 30th.

Remember, the more help the easier the work load on everyone.

**If you want to be a timer, scorekeeper or any positions on the floor you must be at the meeting so we can chart everyone to tables ahead of time. The Tao students need to get their tournament package and practice daily.**

Other questions and comments please call us at 377-3615. Again we thank you for your assistance in this matter.

Respectfully,

**Bob & Kathy Dupuis and Family**

*(over)*

**SCHEDULES  
to June, 2001**

<p align="center"><b>Hallowell Headquarters</b> 301 Water Street <i>Shihan Jeff Wood</i> (207) 622-4002</p>	<p>Hallowell HQ. (cont.) <b>Tai Chi - call Sifu Dave Dumont at 622-3063</b> Monday 5:45-7:00 p.m. Friday 11:30-12:30 p.m.</p>	<p align="center"><b>Boothbay Harbor Branch</b> Boothbay Harbor YMCA <i>Sensei Cindy Spear</i> (207) 633-3496</p>
<p><b>Karate</b> Monday 7:15-8:45 p.m.: Black Belt Class Tuesday 3:45-4:45 p.m., ages 6 thru 12 6:00-7:00 p.m., ages 6 thru 12 7:15-8:45 p.m., 13 and older Wednesday 6:00-7:00 p.m., all ages all ranks Thursday 3:45-4:45 p.m., ages 6 thru 12 6:00-7:00 p.m., ages 6 thru 12 7:15-8:45 p.m., 13 and older Saturday 10:30-12 noon, all ages all ranks</p>	<p align="center"><b>Winthrop Branch</b> Fitness Center, Union Street (downtown) <i>Sensei Bob DuPuis</i> (207) 377-3615</p>	<p><b>Karate</b> 7 week session - begins April 24 Tuesday 4:00-5:00 p.m., ages 5-12 5:00-6:30 p.m., ages 12 and up Thursday: 4:00-5:00 p.m., ages 5-12 5:00-6:30 p.m., ages 12 and up <b>Kick Box Workout</b> 7 week session - begins April 24 Tuesday (in the Annex), 6:45-7:35 p.m. Thursday (in the Annex), 6:45-7:35 p.m. Friday (in the Coastal Club Room) 9:00-10:00 a.m. (babysitting available)</p>
<p><b>Yoga - call Susan Coady at 685-9011</b> Monday 9:00 a.m.-10:30 a.m. 3:45 p.m.-5:15 p.m. Wednesday 7:30-9:00 p.m. Thursday 9:30-11:00 a.m.</p>	<p><b>Karate</b> Monday 3:30-4:45 p.m., ages 5-11, all ranks 7:00-8:30 p.m., ages 12 and up, all ranks Tuesday 3:30-4:45 p.m., ages 5-11, all ranks Wednesday Open for private classes* 7:00-8:30 p.m., ages 12 and up, all ranks Thursday 3:30-4:45 p.m., ages 5-11, all ranks Open for private classes* Friday Open for private classes*  *Call for individual and group rates</p>	<p align="center"><b>Wiscasset Branch</b> Wiscasset Primary School <i>Sensei Cindy Spear</i> (207) 633-3496</p> <p><b>Karate</b> New session begins May 7 Monday 4:00-5:00 p.m., ages 4-8 5:00-6:00 p.m., ages 8 and up <b>Kick Box Workout</b> April 23 - new 8 week session begins</p>

**RECENT PROMOTIONS**

At the March 3 testing at Hallowell HQ:

**Hallowell members:**

Steve Lemieux to red belt.  
Melissa Jones to green belt/red stripe.  
Mel Grant to green belt/red stripe.  
Tony Dix to green belt/red stripe.  
Don McCollett to green belt.  
Alex Smith to yellow belt/green stripe.  
Jenna Bilodeau to yellow belt.  
Shawn Bilodeau to yellow belt.  
Amber Allen to yellow belt.  
Corey Hawkins to yellow belt.  
Kelsey Strickland to yellow belt.

**Boothbay Harbor/Wiscasset members:**

Emily Fairfield to red belt.  
Marcia Conley Carter to green belt/red stripe.  
Elizabeth Fairfield to green belt/red stripe.  
Michael Conley Carter to green belt/red stripe.

Eugene Fairfield to green belt/red stripe.  
Trina Lewis to green belt.  
Ben Fairfield to green belt.

**Winthrop members:**

Tanya Travers to red belt.

**OTHER RECENT PROMOTIONS**

**Hallowell members:**

Diane Lothom to green belt.  
Josh Holt to white belt/3 stripes.  
Frannie Lemieux to white belt/2 stripes.  
Jasmine Richardson to white belt/2 stripes.  
Cody Truman to white belt/2 stripes.  
Bailey Ellis to white belt/2 stripes.  
Zachary Cart to white belt/1 AND 2 stripes.  
Bradley Atkins to white belt/1 stripe.  
Courtney Putnam to white belt/1 stripe.

**Winthrop members:**

Ben Patten to yellow belt.  
Jonathan Berube to yellow belt.  
Dominique Berube to white belt/3 stripes.

**Boothbay Harbor/Wiscasset members:**

Matt Rimi to yellow belt/green stripe.  
Stephanie Parise to yellow belt/green stripe.  
Wyatt Colby to yellow belt/green stripe.  
Christin Bailey to yellow belt.  
Ashley Braga to yellow belt.  
Sydney Braga to yellow belt.  
Dillon Zarpentine to white belt/3 stripes.  
Katrina Wheeler to white belt/3 stripes.  
Michael Stoltz to white belt/2 stripes.  
Robo Bishop to white belt/1 stripe.

**Congratulations all!**

**THE SHIHAN SAYS:**

**PRIVATE LESSONS:** They are available - call me at 622-4002. \$25 hourly, inquire for small groups.

**USE THE DOJO:** It is available for birthday parties and other meetings and uses. Call!

It's time to join **S.M.A.R.T.** for 2001 - only \$10 each! See your Sensei or call me.

**BAD WEATHER:** If classes are cancelled, an announcement will be on WABK and 92 Moose, or call my house (582-1295) or the dojo (622-4002 - someone *might* be there!).

**SENSEI DUPUIS SAYS:**

**PRIVATE LESSONS:** Call me at 377-3615 for individual and small group private classes, times and rates.

**BAD WEATHER:** Call at 377-3615 to see if classes will be held.

*Next: Special Post-Tournament Newsletter!*

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