



Tao News

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July 2002

Edited by Senpai Don Wismer

Note from Ye Olde Editor:

As I write this the Shihan and various Tao students are thousands of miles away, visiting the Aomori Prefecture in Japan. Phone calls tell us that they are having a fun and rewarding experience. I hear that student exchanges are likely to continue. More details on their trip in the next issue.

June Testing

Students performed magnificently at the June 29 testing. Lifelong dreams were attained.

Bill Crump earned his black belt, at the rank of Sho Dan Ho. He is now to be addressed as "Kohai."

Evan Travers also reached Sho Dan Ho, and will now be addressed as "Kohai."

Matt DeWitt earned the same distinction, and will now be addressed as "Kohai."

Kohai Kostas Regas earned 1st degree black belt, Sho Dan, and will now be addressed as "Senpai."

Kohai Leland Brenholm, visiting from Minnesota, was surprised to find himself testing for Sho Dan, which he readily achieved and will now be addressed as "Senpai."

And **Kohai Zach Sears** came through with flying colors and was promoted to Sho Dan, 1st Degree black belt -- he will now be addressed as "Senpai."

In colored belt testing, Chelsea McCollett earned her red belt.

Mel Grant also earned her red belt.

Alex Smith earned green belt/red stripe.

Ben Patten earned green belt.

Jonathan Berube earned green belt.

Pam Hardy earned green belt.

Sydney Braga earned green belt.

Ashley Braga earned green belt.

Christin Bailey earned green belt.

Courtney Putnam earned yellow belt/green stripe.

Micah Roach of the Augusta branch earned yellow belt.

Kat Askland earned yellow belt.

Martin Bunitto earned yellow belt.

Danny Austin earned yellow belt.

And Frannie Lemieux earned yellow belt.

Many congratulations!

Other Recent Promotions

Hallowell H.Q.:

Bridget Duffy, to 3rd yellow stripe.

Justin McCormick, to 3rd yellow stripe.

Colin Lush, to 3rd yellow stripe.

Jana Parsins, to 3rd yellow stripe.

Kevin Mooney, to 2nd yellow stripe.

Vaughn Fuller, to 2nd yellow stripe.

Katie Gagne, to 1st and 2nd yellow stripe.

Nickie Gagne, to 1st and 2nd yellow stripe.

Winthrop Branch

Dennis Emidy, to yellow belt/green stripe.

Brandon (B.J.) Sandler, to yellow belt/green stripe.

Spencer Smith, to yellow belt.

Dominique Berube, to yellow belt.

Jeremy Briggs, to yellow belt.

David Coleman, to 3rd yellow stripe.

Keita Kobayashi, to 3rd yellow stripe.

Kelly deWolfe, to 3rd yellow stripe.

Kelsey Anne Nason, to 3rd yellow stripe.

Joshua Seekins, to 3rd yellow stripe.

Ethan Dukes, to 3rd yellow stripe.

Koji Kobayashi, to 2nd yellow stripe.

Channa Scroff, to 1st yellow stripe.

Boothbay Harbor/Wiscasset Branch

Jason Ansley, to yellow belt green stripe.

Anne Fairfield, to yellow belt green stripe.

Haley Rego, to yellow belt green stripe.

Heather Rego, to yellow belt/green stripe.

Mike Rego, to yellow belt.

Brittany Cook, to yellow stripe AND yellow belt.

Nate Schwehm, to 3 yellow stripes AND yellow belt.

Emily Coisvert, to yellow belt.

Liam Mullen, to 3rd yellow stripe.

Kirsten Smith, to 3rd yellow stripe.

Robert Gorrill, to 2nd yellow stripe.

Caleb Mullen, to 2nd yellow stripe.

David Sieracki, to 2nd yellow stripe.

Victoria Thompson, to 2nd yellow stripe.

Brandon Wolfe, to 2nd yellow stripe.

Jyllian York, to 1st yellow stripe.

Congratulations all!



Boothbay's Matt Rimi with Quebec Open promoter Clermont Poulin earlier this year. Matt took 1st in traditional forms, 1st in open forms, and 2nd in fighting in his division. Kudos!

The Boothbay Tao Karate Club recently celebrated their 10 year Anniversary.

The celebration was held at the YMCA Camp Knickerbocker Lodge. Students and families enjoyed pizza, sodas, and snacks with entertainment provided by Kostas and Darrick via Darrick's "soon to be patented" self contained battery operated "boom box"!

Sensei Spear sends a special Thank-You to the Fairfield family for their dedication and support in teaching the Wiscasset classes with her every Monday night. Because of the extra help, each student receives quality instruction at their own rank level. We are fortunate to be able to divide the class up into three or even four small groups.

Senpai Don Wismer is teaching a 6-week course to young aspiring martial artists at the Ladd Recreation Center in Winthrop, from July 9-August 13, Tuesdays at 1 p.m.

SUMMER SCHEDULES

<p align="center">Hallowell Headquarters 301 Water Street Shihan Jeff Wood (207) 622-4002</p>	<p align="center">Boothbay Harbor Branch Boothbay Harbor YMCA Sensei Cindy Spear (207) 633-3496</p>	<p align="center">Wiscasset Branch Community Center Sensei Cindy Spear (207) 633-3496</p>
<p>Karate Monday No classes Tuesday 4-5 p.m., ages 5 thru 12 5-6 p.m., private classes 6-7 p.m., ages 5 thru 12 7:15-8:30 p.m., 13 and up, all ranks Wednesday No classes Thursday 4-5 p.m., ages 5 thru 12 5-6 p.m., private classes 6-7 p.m., ages 5 thru 12 7:15-8:30 p.m., 13 and up, all ranks Saturday 10:30-12 noon, all ages all ranks Tao Club T shirts may be worn June through August only! A solid white or solid black T shirt may be worn. No tank tops. No black belt classes June through August -- will resume Wednesday classes in September. Tao Kamp Karate: August 16, 17, 18 -- highly recommended for all students. No classes at Hallowell dojo last two weeks of August -- August dues will be discounted by 50 percent.</p>	<p>Karate Tuesday, Thursday 5:30-7 p.m. All ages/all ranks for the first hour, then green belts and up continue to 7. Students are reminded that *all* are expected to line up with the class at 5:30. If anyone wishes to use the track, weight room, or other YMCA facilities, please do so before or after your scheduled class. Proper protocol is that if you are unable to bow in with the group on time, bow in when you get to the dojo and jump into line in the back until instructed to do otherwise. Kick Boxing Workout Tuesday, Thursday: 7:15-8:15 p.m. Winthrop Branch Fitness Center Sensei Robert Dupuis (207) 377-3615 Karate Monday, Wednesday 7-8:30 p.m., 12 years old and up Tuesday, Thursday 4:30-5:30 p.m., 5-11 years, all ranks</p>	<p>Karate Monday 4:30-5:30 p.m., all ages and ranks Kick Boxing Workout Monday: 6-7 p.m. Augusta Branch 50 Stevens Road Sensei Kevin Berry 622-9727 or 242-7274 Karate Monday, Tuesday, Wednesday: 6:30-8 p.m. ***** KAMP KARATE ***** August 16-18 Hallowell Recreation Area Town Farm Road Hallowell, Maine Directed by Shihan Jeff Wood Hosted by the Tao Karate Clubs Registration fee: \$60. Family rate: \$50. Register by August 10, and a Kamp Karate T-shirt is included! (cont. on page 3)</p>

THE SHIHAN SAYS:

PRIVATE LESSONS: They are available - call me at 622-4002.

USE THE DOJO: It is available for birthday parties and other meetings and uses. Call!

Join **S.M.A.R.T.** - only \$15 each! See your Sensei or call me.

SENSEI DUPUIS SAYS:

PRIVATE LESSONS: Call me at 377-3615 for individual and small group private classes, times and rates.

Keep plugging! Remember your next testing and be ready!

SENSEI SPEAR SAYS:

PRIVATE LESSONS: Call me at 633-3496!



An action scene from our tournament in April.

Upcoming events (through September)

- July 8th-19th - Japan Trip - Tokyo - Aomori & more!
- Saturday July 20th - Old Hallowell Day parade & demo - Need help!
- Saturday July 20th - Tournament - Vermont - Mark Stockton - Ippone
- Sunday July 28th - Team Tao workout - Boothbay ?? - 2:00 p.m.
- Sunday August 4th - Johnna Wood Day in Hallowell - Shihan's Mom
- Sunday August 4th - Kids only Tournament - Sanford - Krane/Smart
- August 16, 17 & 18 - Tao Kamp Karate - \$60.00. Sign Up Now!
- August 19th - Sept 2nd - Hallowell dojo closed - 1/2 price that month
** No Team Tao workout in August
- Tuesday Sept 3rd - First class of new Fall / Winter schedule
- Saturday Sept 14th - Tournament - Freeport, Me. - Smart/Ippone
- Saturday Sept 21st - Test & Promotions - Hallowell dojo - 12:30 p.m.
- Sunday Sept 22nd - Team Tao workout - Winthrop dojo - 2:00 p.m.
- Sunday Sept 29th - Tournament - Sanford - Me. Classic - Smart/Ippone

Attention all Hallowell H.Q. Students & Parents

The following prices went into effect January 1, 2002. Please include an extra \$15.00 for S.M.A.R.T. 2002 membership with your January dues. All dues are expected to be paid in full within the first full week of each month.

Monthly Dues for Colored Belts - White Through Red Belt

- \$55.00 Monthly per individual - Group karate classes
- \$45.00 each for a family of two - \$90.00 Monthly
- \$35.00 each for a family of three - \$105.00 Monthly
- \$30.00 each for a family or group of 4 or more - \$120.00 Monthly

Monthly Dues for Black Belts - Probationary through 4th Degree

- \$55.00 Monthly for all probationary Black Belts
- \$45.00 Monthly for all 1st Degree Black Belts
- \$35.00 Monthly for all 2nd Degree Black Belts
- \$25.00 Monthly for all 3rd Degree Black Belts
- \$0 Monthly for all 4th Degree Black Belts

Per Hour Private Class Fees

- \$30.00 Per hour for one person
- \$50.00 Per hour for two people - \$25.00 each
- \$60.00 Per hour for three people - \$20.00 each

Privates must be scheduled with Shihan at least a week in advance!

Testing Fees Effective January 1, 2002

- Stripers - \$15.00 per stripe (Half price for more than 1 stripe)
- Colored belts and stripes - \$25.00 each rank (1/2 price on 2nd rank
- Probationary Black Belt - \$100.00
- 1st Degree Black Belt - \$75.00
- 2nd Degree Black Belt - \$50.00
- 3rd Degree Black Belt - \$25.00
- 4th Degree Black Belt - \$0

All testing fees must be paid within 10 days of your actual test. A registration form for testing must also be submitted. Testing fees will be held for 3 to 6 months for failure to test and or failure of test. N/C for next test if within the 3 to 6 months

Other Costs Associated with our Classes!

- 2nd month - \$40. 00 Uniform / Gi (middle weight white with belt)
- 3rd month - \$80. 00 Safety Equipment (hands, feet, head, mouthpiece & cup)
- Occasional tournament if into competition
- Occasional seminar and or clinic
- \$60.00 ? Tao Kamp Karate - 2nd weekend of August
- \$65.00 Club Jacket - Not mandatory
- Occasional donation for fund drive
- \$20.00 Inner school tournament in November each year

Sensei Spear says (A message to ALL dojos!)

All students red belt and up are reminded that "student instruction" continues to be a part of your upcoming probationary black belt tests. There are only one or two that are consistently coming in to help teach, when there should be at least 5 or 6. Remember earning your black belt includes so much more than showing up for your **own** classes! Each and every one of you that holds a rank of red belt or higher needs to commit to at least one class each and every week where you will come in to help teach. Not only is it required at your rank, but it will help tremendously with retention of your lower rank material. To keep what you have, you have to give something back!

Thanks, *Sensei Spear*

Kamp Karate (cont. from page 2)

Tao Kamp Karate celebrates its 22nd year of bringing together family and friends of the Tao in a weekend of fun and special training. Kamp is designed for all to enjoy. It is an opportunity for personal growth for the beginning as well as the advanced martial artist through hands-on experience with other martial arts styles.

Remember, there is no charge for camping. The only charges are for those who are actually participating in the scheduled classes.

Friday campers can arrive and set up anytime after noon. Arrive early and settle in, renew friendships from previous years, and meet new friends. Space is plentiful but plan to arrive early so you can get your favorite spot. *(cont. on page 4)*

**REUNION
at our tournament**

We had the distinct honor of hosting Shihan Wood's original sensei, Horace Littlefield, at our April tournament, along with a number of his former students from the old days. From left to right:

TOP ROW: Sensei Bob

Dupuis

MIDDLE ROW: Linda Taylor, Shihan Wood, Sensei Littlefield, Mike Pelkey, Bill Pelkey, Dick Ocepka.

BOTTOM ROW: Larry Taylor, Sifu Dave Dumont, Steve Rogers.



Kamp Karate

(cont. from page 3)

Sorry! There are no electrical or water hookups for those with pop-up tent trailers or other types of RVs. No open campfires are allowed! Lights out and NO noise after 10 p.m. Friday - we start early!

Saturday starts at 7 a.m. with a "power walk." Breakfast next, then the sessions begin. Pot luck supper and then night training and a huge bonfire. Lights out at 11 p.m.

Sunday also begins with a 7 a.m. power walk, meditation, exercises and breakfast. Classes ensue thruout the morning, then we have closing ceremonies and clean-up.

Join us -- you'll have a great time!

**Tao Karate Club
301 Water Street
Hallowell, ME 04347**

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